



OPC HEALTH
CORE HOSPITAL
PRODUCT RANGE

SPINAL

ASPEN VISTA COLLAR

The Aspen Vista Cervical Collar is fully adjustable and only one size is required with its innovative dial height adjustment technology.

The extra large tracheal opening provides functional access for airway management and procedures. Additional accessories can be purchased separately.



Code	Size
984002	UNIVERSAL W/ SPARE PADS
984000	UNIVERSAL

REPLACEMENT PADS

Code	Size
984020	UNIVERSAL

ROLLED HOSPITAL COLLAR

The OAPL soft collar is a disposable single use device made from soft, open-cell foam with a cotton stockinette cover and touch tape closure.

It is designed to limit movement of the C-Spine in emergency situations and provide comfort.

Code	Size	Code	Size
24026RHC	XSMALL	24023RHC	PAED S
24029RHC	MEDIUM	24024RHC	PAED M
24031RHC	LARGE	24025RHC	PAED L



SOFT COLLAR

Serves as a reminder to limit cervical flexion.

Soft foam covered in skin tone stockinette provides comfort.

Code	Size
24026	XSMALL
24027	SMALL*
24029	MEDIUM
24031	LARGE
24032	XLARGE

*also available in long



ASPEN COLLAR

The Aspen collar is engineered to provide substantial motion restriction without producing painful pressure points that can lead to skin breakdown or poor patient compliance.

For ultimate comfort, all of the collar's contact surfaces are cushioned with cotton-lined, breathable foam padding.

Code	Size
983128	SHORT
983130	REGULAR
983132	TALL
983134	EXTRA TALL



PHILADELPHIA CERVICAL COLLAR

This collar maintains the head in the desired neutral position.

Lightweight and hygienic, it reduces pressure problems associated with more rigid collar types.

Perforated for ventilation. Trachea opening included for all sizes.



Ordering Information



PHILADELPHIA COLLAR LINERS

Cervical collar liner used to enhance patient comfort during periods of extended wear. Liners reduce shear, are easy to clean and quick drying.

Code	Size
24017B	SMALL
24017C	MEDIUM
24017D	LARGE

A-FLEX PLUS HELMETS

Made from a flexible plastic, this helmet protects from low impacts. Posterior strap "locks" the device below the mastoids and accommodates size variations. Ventilation holes reduce trapped heat. Can be easily trimmed with a pair of scissors. Custom manufacture also available.

Code	Size
783.94S	XSMALL
783.95S	SMALL
783.96S	MEDIUM
783.97S	LARGE
783.98S	XLARGE
783.99S	2XLARGE



LERMAN NON INAVSIVE HALO

Secure Cervical immobilisation for stable C1-C2 fractures. A pinless halo system that utilises a floating posterior occipital support to hold the head against the forehead band. One-size fits most and replacement pads sold separately.

Code	Size
A37802	UNIVERSAL



ASPEN VISTA CTO 2 POST

Fully adjustable CTO. For spinal stabilization between C1 - T2 to prevent flexion/extension, lateral trunk movement and rotation. Can be upgraded to a 4 Post for added stability or changed to a collar only set up as patients recover.

Code	Size
984510	UNIVERSAL

REPLACEMENT PADS

Code	Size
984520	UNIVERSAL



ASPEN VISTA CTO 4 POST

Enhanced spinal immobilisation between C1 - T2. Adjustable low profile back strut designed for maximum patient comfort, even in supine. Easily convertible to a 2 post or collar as patients recover.

Code	Size
984550	UNIVERSAL

REPLACEMENT PADS

Code	Size
984520	UNIVERSAL



SPINAL

JEWETT HYPEREXTENSION ORTHOSIS

Prevents spinal flexion, ideal for healing fractures between T8-L2. Consists of anterior thoracic and pelvic pads for comfort and a posterior thoracolumbar pad to apply a three-point force system. The brace is adjustable in width and height to adapt to various body types.



Code	Size
T37-02	SMALL/MEDIUM
T37-04	LARGE/XLARGE

PECTUS CARINATUM ORTHOSES

Provides directed anterior/posterior corrective compression used in the treatment of Pigeon Chest. The low-profile design is easily masked under clothing. A ratcheted buckle closure ensures optimal fit. One size fits most.

Code	Size
PECTUS	UNIVERSAL



RIB/ABDOMINAL BINDER

Used to provide support to the ribs and/or abdominal area.



Ordering Information

Support of this area can reduce back pain and act as a reminder for correct posture and partially restrict motion.

The binder features an all elastic belt with pull loop and touch tape closure for correct fitting and ease of application.



Available in 15cm, 23cm & 30cm widths with four sizes each to support a variety of applications.

SACRO CINCH

The OAPL Sacro Cinch reduces intradiscal pressure by increasing intra-abdominal pressure.

The device acts as a reminder to partially restrict motion and helps to prevent injury and pain. Thin flexible metal stays improve support.

Code	Size
21005A	SMALL
21006A	MEDIUM
21007A	LARGE
21008A	XLARGE
21009A	2XLARGE



ASPEN VISTA 464 TLSO

Offers patients support and range of motion restriction from T8-S1. Provides a versatile system that can be stepped down to three other Lower Spine brace configurations throughout the healing process. Comfortably fits waist sizes from 65-150 cm, and up to 175 cm with the extension panel.



Code	Size
993640	UNIVERSAL
992505	EXTENSION PANEL

ASPEN SI BELT

Adjustable sacroiliac joint compression via bilateral pull tabs. Provides stability to the joint to increase strength throughout the back, hips, and legs, and reduces the risk of injury considerably during work or play.

Code	Size
36-2102	SMALL
36-2104	MEDIUM
36-2106	LARGE





OAPL STANDARD WALKER

The oapl Standard Walker is designed to immobilise the foot and ankle to decrease pain and swelling, promoting faster healing following injuries or surgical procedures

Features

- Patented metal interlocker uprights for increased support and durability of the boot. Designed to stabilise the ankle at 90° and reduce movement of the ankle.
- Velcro closures to allow custom fit to accommodate changes in volume after injury.
- A rocker sole for added comfort and ease of ambulation with a high grip sole to protect from slips.
- Breathable, moisture wicking, hand washable liner.
- EVA foot bed for impact absorption and comfort.

With a wide base and generous strap length, an orthosis can be added inside the liner to support the arch or to redistribute pressure across the plantar surface of the foot. With the use of a cohesive bandage the device works well as an instant Total Contact Cast for pressure offloading.

Code	Size	Code	Size
OASWXS	XSMALL	OASWL	LARGE
OASWS	SMALL	OASWXL	XLARGE
OASWM	MEDIUM		



HOW-TO Video

OAPL PAEDIATRIC WALKER

The Paediatric Walker is specifically made and sized for children. The walker's lightweight, durable and comfortable design is perfect for children to keep active following an injury or surgical procedure.

Code	Size
OAPWS	SMALL
OAPWM	MEDIUM
OAPWL	LARGE



OAPL TALL AIR WALKER

Designed to immobilise the foot and ankle following injuries with the benefit of pneumatic support. Air pressure provides compression and comfort and is easily adjusted to provide a better fit and accommodate volume changes. The high frame and rocker sole provides stability and reduced ankle movement for stable foot and ankle fractures, sprains, soft tissue injuries and post-operative applications.

Code	Size
OAT-XS	XSMALL
OAT-S	SMALL
OAT-M	MEDIUM
OAT-L	LARGE
OAT-XL	XLARGE



WALKERS & ACCESSORIES

OAPL STIRRUP WALKER

Designed to immobilise the foot and ankle following injury with the benefit of an adjustable aluminium frame. Customisable for wide or narrow legs or skin grafts. Features high frame and rocker sole for stability and reduced ankle movement.

Code	Size
OA0200	XSMALL
OA0400	SMALL
OA0600	MEDIUM
OA0800	LARGE
OA1000	XLARGE



OAPL SHORT AIR WALKER

Air pressure provides compression and comfort and is easily adjusted to provide a better fit for any volume changes. Provides support for toe fractures, plantar fascia tears, bunionectomies and forefoot soft tissue injuries. Not suitable for 5th metatarsal injuries.

Code	Size
OASAWXS	XSMALL
OASAWS	SMALL
OASAWM	MEDIUM
OASAWL	LARGE
OASAWXL	XLARGE



OAPL SHORT WALKER

Designed to immobilize the foot and offload forefoot injuries. Suitable for 1st-4th metatarsal fractures, plantar fascia tears, bunionectomies and forefoot soft tissue injuries and post-operative applications. The short frame with rocker sole stabilises and reduces ankle movement.

Code	Size
ORS-XS	XSMALL
ORS-S	SMALL
ORS-M	MEDIUM
ORS-L	LARGE
ORS-XL	XLARGE



OAPL FULL SHELL WALKER

Ideal for more complex foot and ankle injuries, this boot provides full foot and ankle protection with the added benefit of pneumatic support. This walker features a rocker sole for added comfort and ease of ambulation, as well as a wide foot base to aid comfort.

Code	Size
OAFSS	SMALL
OAFSM	MEDIUM
OAFSL	LARGE



ACHILLES WEDGE

4 layers of low density EVA make up the Achilles wedge. Achieve your desired height by removing wedges attached by Velcro. Patients will experience comfort from Compressive material. Achilles wedge comes with a thin, smooth neoprene cover and are suitable for use in or under foam walker liners.

Remove from the bottom layer upwards.

Code	Size
45618	UNIVERSAL



REPLACEMENT LINERS

Replacement liners are available for all oapl walkers.



Ordering Information



VACOped

The VACOped boot represents the modern standard of care for foot, ankle and Achilles injuries. With the ability to provide ankle range of motion (-15° to +30°) the VACOped allows for greater freedom of movement than a plaster cast and can significantly reduce recovery times.

Features and Benefits

- Allows true plantar/dorsi flexion ankle adjustments in 5° increments. (30° PF and 15° DF)
- Offers a dynamic setting (Free ROM), allowing collagen to reform unidirectionally in the healing process of Achilles tendon ruptures
- Radiolucent - Contains no metal and is suitable for XR / MRI
- Adjustable sole length for patients between sizes
- Waterproof design: perfect for hydrotherapy (Spare changeable liners included)
- Vacuum cushion forms perfectly to individual patient's anatomy and can be adjusted to accommodate swelling and atrophy.

Code	Size
VPED-S	SMALL
VPED-M	MEDIUM
VPED-L	LARGE



Clinical Studies



VACOcast

The VACOcast is a cast stable orthosis for the immobilisation of the foot and ankle. Therapy with VACOcast accelerates the healing process and makes earlier weight bearing possible.

Features and Benefits

- Vacuum cushion forms perfectly to individual patient's anatomy and can be adjusted to accommodate swelling and atrophy
- Shortening of in-patient admission time
- Facilitates earlier weight bearing
- Adjustable sole length for patient between sizes
- Waterproof design: perfect for hydrotherapy (Spare changeable liners included)

Code	Size
VPCA-S	SMALL
VPCA-M	MEDIUM
VPCA-L	LARGE



VACOpedes

The VACOpedes is the modern standard of care for injuries to the metatarsal and forefoot. Optimum pressure relief in the forefoot means the healing process is accelerated and the patient gets back to everyday life sooner.

Features and Benefits

- Pressure relief in the forefoot area
- Immobilisation of the forefoot with full mobility in the ankle
- Adjustable sole length
- The orthosis can be taken off and put back on again at any time
- Easy wound control simplifies treatment
- Radiolucent - Transparent in X-Rays

Code	Size
VEDE-S	SMALL
VEDE-M	MEDIUM
VEDE-L	LARGE



WALKERS & ACCESSORIES

WALKING SOLES

Replacement soles and options for the oped walker range including a heavy duty rocker sole, standard rocker sole, and 15 degree wedge sole.



STANDARD		15DEG	
Code	Size	Code	Size
SOHL-09-4-S-11	SMALL	SOHL-04-4-S-11	SMALL
SOHL-09-4-M-11	MEDIUM	SOHL-04-4-M-11	MEDIUM
SOHL-09-4-L-11	LARGE	SOHL-04-4-L-11	LARGE

VACUUM CUSHION INSERTS

Replacement vacuum cushion inserts for the VACOped, VACOcast and VACOpedes.



[View Vacuum Cushions](#)



REPLACEMENT TERRY LINERS

Replacement terry liners for the VACOped, VACOcast and VACOpedes.



[View Liners Here](#)



ADDITIONAL ACCESSORIES

Miscellaneous accessories for the VACO range including straps, hand pump, lock strap and dorsum pad.



[View Accessories](#)



EVEN UP

Compensates for leg length differences. Perfect for individuals wearing an ankle walker or post op shoe. The Evenup adds length to the leg to correct pelvic asymmetry alleviating back, hip, or knee stress. There is a removable lining to provide either 1.3cm or a 2.6cm shoe raise.

Code	Size
AUSG-S	SMALL
AUSG-M	MEDIUM
AUSG-L	LARGE



OAPL POST OP SHOE

Designed to wear after soft tissue procedures or post op care. Adjustable straps accommodate the bulkiest dressings. Non-skid sole absorbs shock during ambulating.

Code	Size
11082C	2XSMALL
11082D	XSMALL
11082F	SMALL
11082G	MEDIUM
11082H	LARGE
11082I	XLARGE



OAPL SQUARE TOE SHOE

A multipurpose post op shoe designed to provide protection and accommodate bulky dressings or bandages. The square toe acts as a bumper around the toes and easy to adjust Velcro tabs keeps the shoe secure.

Code	Size
SQTXXS	2XSMALL
SQTXS	XSMALL
SQTS	SMALL
SQTM	MEDIUM
SQTL	LARGE
SQTXL	XLARGE



OAPL ADL SHOE

Suitable for treatment of the high risk and diabetic foot. The ADL boot comes with an OAPL HEX OFFLOADER inlay to allow for decreasing pressure through wounds and calloused areas. Wear with additional forefoot cap for added protection.

Code	Size
ADLS	SMALL
ADLM	MEDIUM
ADLL	LARGE
ADLXL	XLARGE



OAPL BUNION BOOT

Wear post operatively after surgeries such as bunionectomies and corrective osteotomies. Also suitable for unloading the toes and forefoot plantar wounds.

Code	Size
11082BUN	SMALL
11083BUN	MEDIUM
11084BUN	LARGE



OAPL FOREFOOT UNLOADER

Suitable for unloading metatarsal heads, the toes and the forefoot. For use with diabetic feet and post operatively. Very adjustable across the forefoot and dorsum of the foot for bulky dressings. Breathable mesh material for added comfort.

Code	Size
FFUXS	XSMALL
FFUS	SMALL
FFUM	MEDIUM
FFUL	LARGE
FFUXL	XLARGE



OAPL CAST BOOT

A canvas sandal with a rubber rocker sole and Velcro closure. To protect plaster and fibreglass casts from dirt and moisture. Provides secure non-slip footing.

Code	Size
11079B	PAED
11079A	XSMALL
11079	SMALL
11080	MEDIUM
11081	LARGE
11082	XLARGE



POST OP & WOUND CARE SHOES

LEIPZIG

Rehabilitation shoe with flexible sole, three inlays can be adjusted or removed. The patient can wear the shoe with wound dressings as the dorsal fasteners offer generous adjustability. Leipzig shoe features a reinforced heel counter, zippers in the heel to Achilles tendon area and adaptable insoles that offer local pressure relief. Adhesive felt works well in the Leipzig for pressure offloading.



Ordering Information



HEIDELBERG

A rehabilitation shoe with quality flexible walking sole. Features velcro straps to customise the volume and tightness around the midfoot. Made with a neoprene top and plush lining with 3 removable insoles made of EVA and a slip resistant sole. This shoe is suitable for patients with wounds to the forefoot area and swelling.



Ordering Information



KASSEL

A wound care shoe with increased ankle support and a rigid sole to stabilise the patient's foot to reduce shear on the plantar aspect of the foot.



Ordering Information



DIABETIC INSOLE

Medical grade insole with 3 layers of comfort. Consisting of a plastazote top cover that reduces friction and absorbs shock, a foam inner layer that cushions the foot and a soft polyurethane base to provide arch support.

Code	Size
AH-DBO	UNIVERSAL



OAPL SHOULDER IMMOBILISER

A lightweight, comfortable cotton immobiliser with colour coded, quick release, buckles with slide adjustability. Clearly labelled left and right tabs for ease of donning. Adjustable and removable padded immobilising strap, which restricts abduction and rotation of the shoulder and arm.

*Comes in a dispenser box of 5

Code	Size
OAPLSI-PD	PAEDIATRIC
OAPLSI-SD	SMALL
OAPLSI-MD	MEDIUM
OSPLSI-LD	LARGE



NOW AVAILABLE IN CUSTOM DESIGNS

(Min order quantity 500)



OAPL ABDUCTION SLING

To maintain shoulder abduction, with abduction pillow. Universal left and right sling reduces inventory. Soft foam straps and alligator closure provide patient comfort and ease of adjustment.

Features and Benefits

- For the immobilisation and unloading of the shoulder in a position of approximately 15 degrees abduction
- Soft therapy ball connected to the pillow to allow additional hand and forearm muscle training and increased blood circulation
- Adjustable straps
- 4 sizes available, universal left and right.

Indications

- Luxations
- Post-operative
- Anterior instability
- Rotator-cuff tear
- Immobilisation after shoulder prosthesis implants

Code	Size
OASSS	SMALL
OASSM	MEDIUM
OASSL	LARGE



SHOULDER & ELBOW

OAPL COLLAR AND CUFF

Box includes 2 X 10M rolls of touch-tape compatible padded straps and y-shaped Velcro tabs for a customisable sling configuration. No need for sharps such as pins or cable ties for closure. Easy adjustability for changes in volume.



Code	Size
OAPLCC	UNIVERSAL

OAPL ECONOMY ARM SLING

To maintain forearm in position of rest, limiting movement of the arm. Mesh sleeve with adjustable webbing strap. One size fits most.



Code	Size
33014	UNIVERSAL
33019	W/ WAIST STRAP

OAPL CLAVICLE STRAP

To retract the shoulders and improve posture. A padded figure-eight strap with posterior Velcro fasteners. The Velofoam straps are comfortable under the arms and on the skin when worn directly on the skin.



Code	Size
33002	SMALL
33003	MEDIUM
33004	LARGE
33005	XLARGE

EXTENDED LENGTH HUMERAL FRACTURE BRACE

A prefabricated foam-lined polyethylene, two part shell with proximal shoulder cap and Velcro closures. Adjustable straps to maintain good circumferential pressure for optimal humeral fracture healing.



Code	Size
1089	XSMALL
1090	SMALL
1091	MEDIUM
1092	LARGE
1093	XLARGE

OAPL ROM ELBOW

Features extendable uprights which reduces inventory as there is no need for different length devices. Pinless hinge allow easy adjustment with no parts to be lost. Flexible cuffs to accommodate large size ranges providing an intimate fit. Also features alligator tabs and adjustable strap length to accommodate sizing variations.



Code	Size
E-L092L	UNI LEFT
E-L092R	UNI RIGHT

IMAK ELBOW PM SPLINT

Gently immobilises the elbow and prevents painful movements during sleep. Made from a soft fabric, breathable foam, and cotton lining. Universal sizing.



Code	Size
A10172	UNIVERSAL

TRIPOD WRIST

'Tripod' refers to the ulnar, palmar, and dorsal aluminium stays, which restrict radial-ulnar deviation and minimise flexion-extension of the wrist. The dual lace closure system allows for easy one-handed application. Made of perforated suede and felt lining allows moisture to evaporate away from the skin and the unrestricted motion of the fingers and thumb enhances patient compliance.

Indications

- Post fracture care
- Post-operative care
- Carpal tunnel syndrome
- Wrist sprains or strains

LEFT		RIGHT	
Code	Size	Code	Size
223301	XSMALL	223311	XSMALL
223302	SMALL	223312	SMALL
223304	MEDIUM	223314	MEDIUM
223305	LARGE	223315	LARGE
223306	XLARGE	223316	XLARGE



WRIST WIDGET

Non-elastic material that fits comfortably around the wrist to treat ulnar-sided wrist pain, repetitive strain injuries, triangular fibrocartilage complex tears or any injuries that causes discomfort during rotation, grip or weight-bearing. The Velcro closure mechanism does not interfere with wrist motion and holds the wrist securely in place. Universal sizing and latex free.

Code	Colour
WW100	BLACK
WW200	RED
WW300	BLUE
WW400	TAN



UNO-WHO WRIST BRACE: UNIVERSAL

Provides support to the wrist and hand, the brace features a removable palmer aluminium upright which is malleable for a custom fit. Trimmable dorsal Velcro straps simplify application. Ideal for distal radius fractures following ORIF, Osteoarthritis of the wrist, wrist sprains and tenosynovitis and Carpal Tunnel syndrome.

Code	Side
HW-428L	LEFT
HW-428R	RIGHT



UNO-WHO THUMB SPICA: UNIVERSAL

Designed to support the wrist, hand and thumb. Features a removable and contoured ulnar stay for custom positioning and fit, and dorsal Velcro closure for simple application. Useful in the treatment of de Quervain's tendonitis, gamekeeper injuries, scaphoid injuries, Osteo and Rheumatoid Arthritis of the thumb, along with early cast removal.

Code	Side
HW-429L	LEFT
HW-429R	RIGHT



WRIST & HAND

FLEXION CONTROL WRIST

Provides support to the wrist and when indicated, limits movement of the wrist. An elasticised nylon brace with a removable aluminium palmar spoon, velcro closures dorsally and a unique non-elastic wrist strap. This together with the aluminium palmar spoon, provides a three point pressure system to effectively control wrist motion.



LEFT		RIGHT	
Code	Size	Code	Size
32009	SMALL	32013	SMALL
32010	MEDIUM	32014	MEDIUM
32011	LARGE	32015	LARGE
32012	XLARGE	32016	XLARGE

THUMBOFORM LONG

A stable thumb support made of warming thermal material with a pre-cut piece of thermoplastic for customised palmar support. The low-temperature thermoplastic stay does not come preformed and will need to be moulded when fitting. Suitable to use post trauma, gamekeeper's Thumb, DeQuervain's Tendonitis, selected scaphoid injuries or as a sports brace.



Ordering Information



COMFORT COOL CMC RESTRICT

Designed for osteoarthritis and medial subluxation of the thumb carpometacarpal joint. Made of perforated neoprene and terry cloth lining to keep skin cool. Provides a gentle compression and support through a contoured strap that wraps around the carpometacarpal joint and 1st metacarpophalangeal joint.



Ordering Information



ORTHOLOGIX PAEDIATRIC WRIST

Provides compression and support to injured and weak paediatric wrists. Non-removable dorsal and palmar metal splints (safe for kids) allows for variable stabilisation of the wrist and hand. Indications include buckle fracture management and soft tissue injuries, strains and sprain.



Ordering Information



STAX MALLET FINGER SPLINT

Designed to support the distal joint of finger in extension while permitting unrestricted movement of proximal interphalangeal joint. Stax-Mallet is commonly used without padding and is taped to middle phalanx.



Code	Size	Code	Size
A10730	1	A10734	5
A10731	2	A10735	5.5
A10732	3	A10736	6
A10733	4	A10737	7

OVAL 8 FINGER

Oval-8 Finger Splints stabilise and align the interphalangeal joints. Made of high-temperature polypropylene. Splints can be adjusted with a heat gun for small angle alteration. With a simple turn of the splint, each splint can be used to correct swan neck, boutonniere and mallet deformities, reduce lateral deviation and rest trigger finger.



Ordering Information



OAPL POST OP KNEE - TRI PANEL

Supports and maintains the knee in full extension whilst providing mediolateral support. The device is a soft foam support with detachable panels and touch-tape closures. Features removable pre-contoured T profile, medial, lateral and posterior aluminium stays. These can be customised to provide an ultimate fit and greater control. Condyle pads have been included for increased comfort. Standard sizes fit thighs up to 640mm circumference, bariatric sizes up to 900mm.

Code	Size
14000E	16"
14001E	20"*
14002E	24"*

*available in bariatric sizing



THUASNE ROM-R KNEE

Ideal for post-operative applications or injury stabilisation, the hinges can restrict knee range of motion where necessary to facilitate healing. The drop-lock hinges can restrict flexion from 0-120° and extension from 0-90°. The aluminium uprights are height adjustable and can be contoured to the leg to achieve an intimate fit, increase stabilisation and improve brace suspension.

Code	Size
TS500-R	UNIVERSAL



Fitting Video



ADJUSTABLE LENGTH ROM KNEE

A ROM knee brace featuring extendible arms, reducing inventory as there is no need for stocking different devices of varying length. Aluminium arms allows for more intimate fit as they can be contoured to fit any patients leg shape. Pin-less hinge allows easy adjustment with no parts that can be lost. Available in cool-fit and full foam version.

Code	Size
E-KN098	UNIVERSAL



KNEE

OAPL HINGED KNEE ANTERIOR CLOSURE KNEE PULL ON + ANTERIOR CLOSURE

Provides medial and lateral support for treating a wide range of knee conditions. Heavy duty hinges with 45, 60, 75, 90 degree flexion and 0, 10, 20, 30, 40 degree extension stops included. Manufactured from premium grade latex-free neoprene with alternating straps to mitigate brace rotation.



Ordering Information

Pull on

- Patella buttress provides additional patella support and stability



Ordering Information

Anterior closure

- Velcro closure facilitates easier don/doffing.
- Perfect for patients between sizes

PAEDIATRIC LEG AND ELBOW IMMOBILISER

To maintain the knee or elbow in full extension whilst providing mediolateral support. Indicated for post-operative applications or control of spasticity and tone. The brace consists of a soft foam support with touch-tape closures, along with pre-contoured medial, lateral and posterior aluminium stays that can be moulded to provide an intimate fit and greater control.



Code	Size	Code	Size
14018F	6"	14018C	14"
14018G	9"	14018D	16"
14018B	12"	14018E	18"

TRUTRAK PATELLA KNEE STABILISER

Exerts a medially directed force to the lateral border of the patella, as well as pressure on the patella tendon throughout the normal range of knee flexion. Constructed of a low-profile neoprene wrap with firm buttress and counterforce D-Ring/Touch tape.



Code	Size	Code	Size
14119	XSMALL	141221	XLARGE
14120	SMALL	141222	2XLARGE
14121	MEDIUM	141223	3XLARGE
14122	LARGE	141224	4XLARGE

RCAI PAEDIATRIC ROM KNEE

Recommended for post operative immobilisation and protected Range of Motion (ROM). The lightweight drop pin hinge controls flexion and extension in 7.5° increments in settings from 0 -120° of flexion, 0 - 75° of extension.

Code	Size
77POP-P	PAEDIATRIC



DICTUS BAND + DICTUS FLEX

The Dictus Band and Dictus Flex are designed to dorsiflex the foot through swing phase of gait making it suitable for flaccid foot drop. The high-quality leather ankle strap ensures comfort wear after wear and different hook options provide greater footwear options. Compatible with two shoe attachment options; stainless steel 's' hooks or plastic monohook. A midfoot attachment is available for use without footwear.



DICTUS BAND

- Utilises a latex band that is attached directly to the ankle strap to dorsiflex the foot.
- Available in black or tan.
- Contains latex.



DICTUS FLEX

- Added Velcro pads on the elastic enables users to easily customise the tension on the band. This also offers another method to don the device which may be easier for those with hand dexterity issues.



Ordering Information

Midfoot / Indoor Attachment

Code	Size
530600-003	UNI LEFT
530600-004	UNI RIGHT

Code	Size
530400-000	PAEDIATRIC/SMALL
530400-011	MEDIUM
530400-021	LARGE
530400-031	XLARGE

ASO ANKLE BRACE

An ankle brace for active individuals to play sport after injury, during the rehab phase or to prevent injury for ankles prone to rolling over or twisting. Unique stabilising straps replicate the stirrup effect of an athletic taping application, positioning the ankle at 90°. Constructed from mesh, the ankle liner contains lycra and plastic medial and lateral stays, which are removable.

Code	Size
264031	XSMALL
264032	SMALL
264034	MEDIUM
264035	LARGE
264036	XLARGE
264037	2XLARGE



BIOSKIN TRILOK ANKLE BRACE

Made from a lightweight and hypoallergenic material. Relieve pain from plantar fasciitis, posterior tibial tendon dysfunction or peroneal tendonitis and protect against ankle sprains.

Code	Size
B53600	XSMALL
B53601	SMALL
B53602	MEDIUM
B53603	LARGE
B53604	XLARGE



Information Video

ANKLE

SUPRA-LITE AFO

A lightweight open heel design to limit plantarflexion and provide some heel stabilisation without inhibiting dorsiflexion. The cut-outs incorporated in this design provide a gentle spring action and allow the heel to rest comfortably in the shoe. Made of polypropylene that can be trimmed or heat moulded to improve fit.



LEFT		RIGHT	
Code	Size	Code	Size
13020	SMALL	13021	SMALL
13022	LARGE	13023	LARGE

OAPL NIGHT SPLINT

To immobilise ankle in plantar grade or slightly dorsiflexed position during rest. Lycra lined foam padded straps with centre release buckles. Foam lined kydex frame with topy walking sole and oblique dorsiflexion straps, suitable for transfers.



Indicated for plantar fasciitis and patients at risk of losing dorsiflexion range.

Code	Size
50023E	SMALL
50025E	MEDIUM
50027E	LARGE

HEALPRO BED RESTING AFO

A foot and ankle positioning orthosis designed to offload the heel and protect the foot from potential ulcers and/or loss of dorsiflexion range of motion. This unique design suspends the heel and reduces pressure on the toes from bed linen to facilitate comfort and protect skin. Designed primarily for patients spending long periods of time in recumbent position, the HealPRO can improve clearance in swing phase and promote a neutral position during stance for limited ambulation.

Code	Size
3530	SMALL
3531	MEDIUM
3532	LARGE
3533	XLARGE



RCAI MPO ACTIVE 2000

Dynamically improves foot and ankle contractures and provides heel clearance for pressure relief. The rotator bar controls hip and leg rotation and an adjustable post relieves pressure on the toes. This brace can be worn in bed or when transferring with the addition of an ambulatory attachment. Made of a breathable foam liner that wicks moisture away from the skin for comfort.

Code	Size
01MP-C	PAEDIATRIC
02MP-S	SMALL
02MP-M	MEDIUM
02MP-L	LARGE
02MP-XL	XLARGE



HEELIFT SUSPENSION BOOT

Available in smooth or convoluted (original) foam. The Heelift Suspension Boot is designed to provide an effective solution for prevention and assistive healing of pressure ulcers at the heel, while delivering positioning and alignment of the lower limb. It is made from latex free medical grade foam with a friction free tricot base to ensure it stays in place at all times as well as improving client mobility. Comes with an extra pad to control hip rotation, foot drop or provide added elevation. One size fits all.

Code	Variation
11022	CONVOLUTED
11023	SMOOTH



OAPL HEEL CUSHION

The brace is a cost-effective device ideal for protecting the diabetic foot, heel and ankle. Designed to enable easy donning and doffing with a 'foot section' tag ensures that the device is being donned in the correct orientation every time. The heel cutout allows the clinician to visually check the heel is being offloaded. The brace comes with de-rotation wedge which secures the position of the foot to protect from unwanted pressures and hip rotation.



Code	Size
OAHC	UNIVERSAL

RHINO 'CRUISER' HIP ABDUCTION BRACE

A moulded polypropylene orthosis with foam lining to treat infants and children with hip dysplasia. Holds hips in the correct abduction position, but flexible enough to allow walking. Anterior velcro closures strap around the abdomen and thigh shells.



Ordering Information



PAVLIK HARNESS

The Orthotykes Pavlik Harness is designed for infants with developmental dysplasia of the hips (DDH). The harness holds the hip in the most stable position with the femoral head located in the acetabulum. Designed to maintain the hips in desired degree of flexion and abduction whilst encouraging active motion.

Code	Size
160160	NEWBORN
160170	SMALL
160180	MEDIUM
160190	LARGE



BEBAX BOOTS

A progressive and dynamic correction option for paediatric metatarsus adductus. These boots are made of soft leather and Velcro for comfort and durability. A swivel hinge on the base of the boot controls the positioning of the foot. The hinge uses screws with an allen key to lock-in the foot position and allows gradual adjustments to straighten the forefoot and heel. This makes for a great alternative to serial casting.



Ordering Information



SMARTKNIT AFO SOCKS

Seam-free, Non-binding, wrinkle free socks that are great for use with AFOs. Made of a core-spun polyester to wick away sweat and reduce friction causing blisters. Available in both adult and paediatric sizes.



Ordering Information



OAPL TRAVEL SOCKS

Minimise the risk of deep vein thrombosis (DVT) from forming in the legs during travel. These socks are ideal for tired or achy legs, ankle swelling and moderate to pronounced varicose veins. They feature graduated compression (14-18 mmHg) and are a hospital grade anti-embolism stocking made from a nylon, lycra and spandex blend.



Ordering Information



OAPL TRACTION SOCKS

Increase grip whilst walking to help prevent falls when unable to wear shoes. The socks feature a slip resistant sole on a lightweight breathable sock. They are a latex free product constructed from 80% Acrylic and 20% Nylon material.

Code	Size
CR7	SMALL (RED)
CR8	MEDIUM (GREEN)
CR11	LARGE (BLUE)
CR14	XLARGE (TAN)
CR16	2XLARGE (DARK BLUE)
CR17	3XLARGE (GREY)





For over 40 years OPC Health has provided a dedicated commitment to servicing prosthetic, orthotic and allied health professionals right around the country.

With contracts across major health area services and government bodies as a preferred supplier, we take pride in providing the highest level of service to our customers and strive to continue this tradition by partnering with Health Industry innovators.

With the ability to provide end to end solutions for our prosthetic/orthotic clients, our extensive product knowledge and clinical expertise enables us to source, manufacture and develop the best product treatments from around the world. From musculoskeletal bracing and prosthetic limbs to compression garments and clinical supplies, you can rely on OPC Health for all your healthcare needs.

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