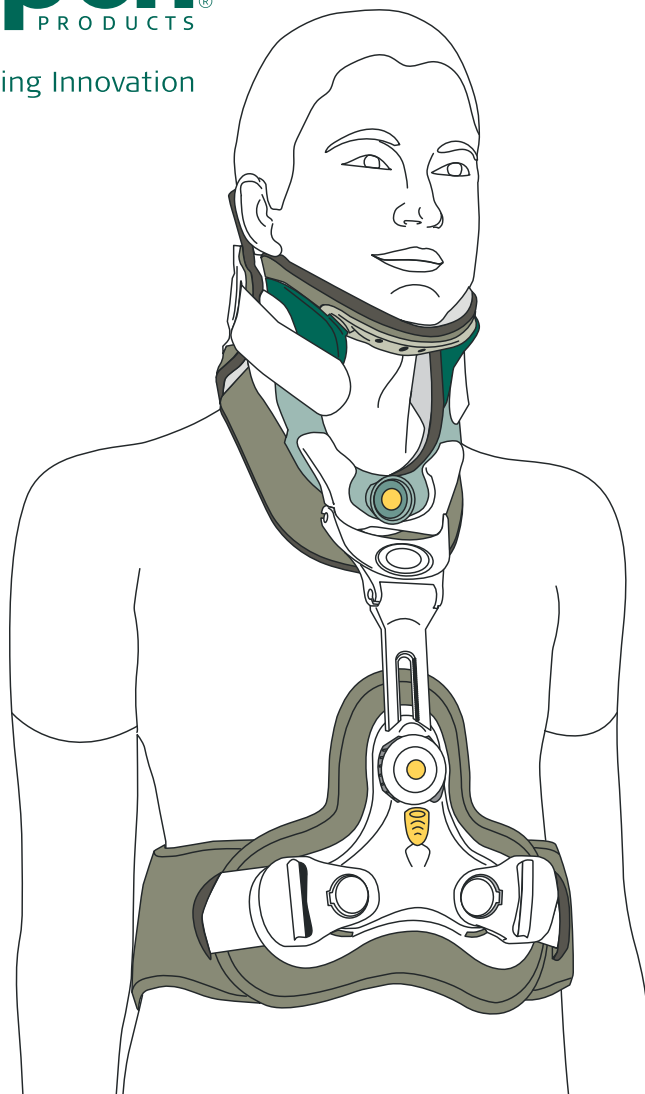




Life Changing Innovation



Aspen Vista™ CTO4

Patient Handbook

Patient Information

Please bring all teaching sheets and discharge information with you if you return to the hospital or physician’s office/clinic for follow-up care. If you have any questions, please contact your physician or fitting professional.

PATIENT NAME

DATE

HOSPITAL/FACILITY

CITY, STATE



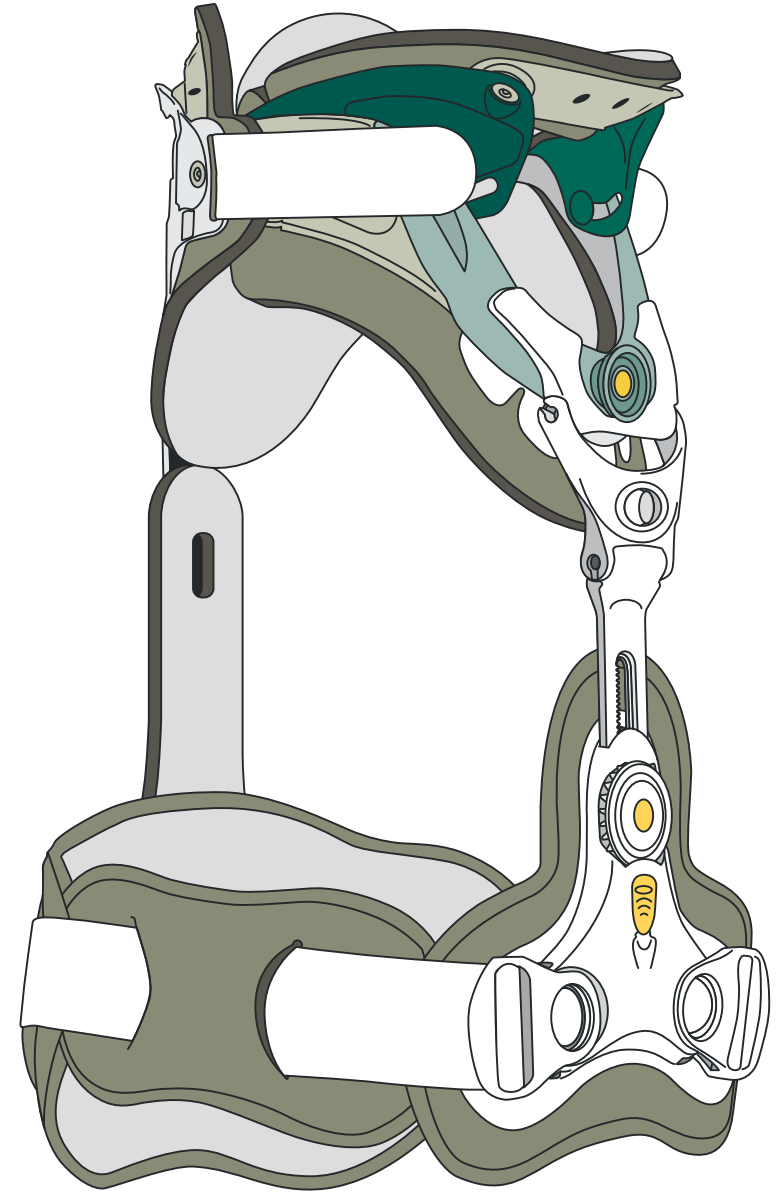
Life Changing
Innovation

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Introduction

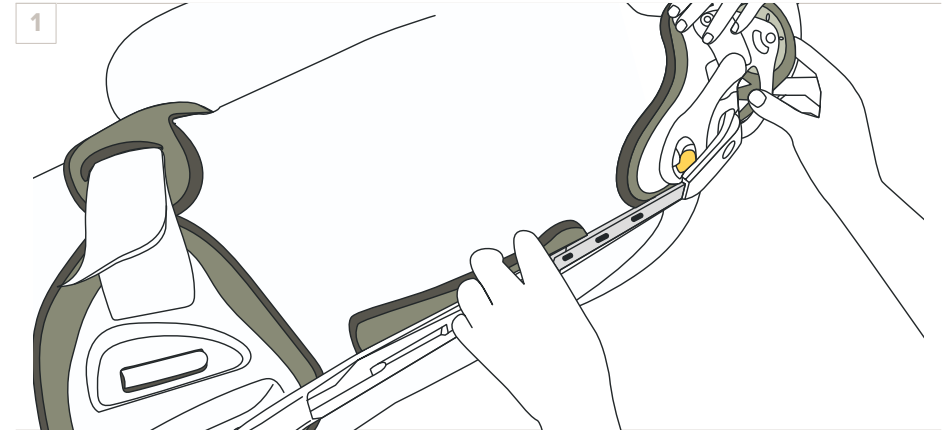
Your physician has determined that wearing the Aspen Vista CTO4 will help your condition. These instructions identify the steps you need to take and what you need to be aware of in order to properly apply and care for your brace at home. Adhering to these steps and following your physician's instructions will help ensure safe and effective care.



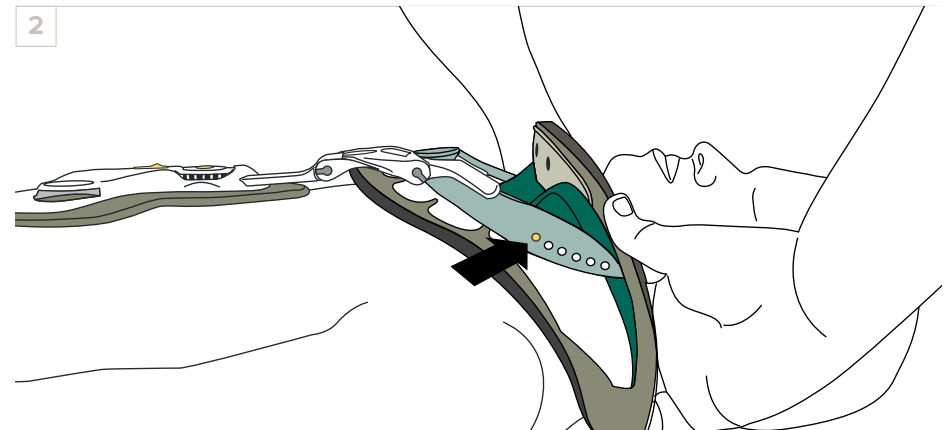
Brace Application

The various components of your brace may have been modified to create a customized fit designed to meet your specific needs. To ensure optimal results, do not alter the brace. Consult your clinician or your fitting professional if you have any questions or concerns about the placement of the brace or proper fit.

The following instructions will aid you in applying your brace in the correct position.



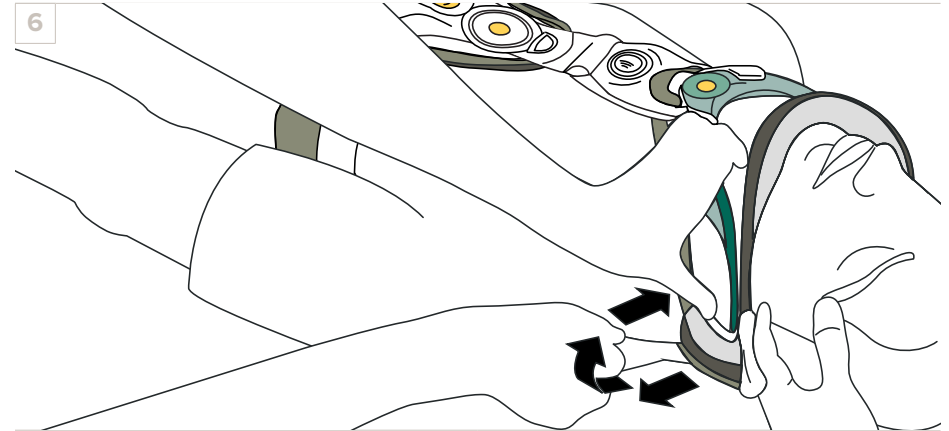
With the head in neutral alignment, log roll the patient to position the posterior strut and collar back panel. The loop straps should be between the patient's ear and the trapezius.



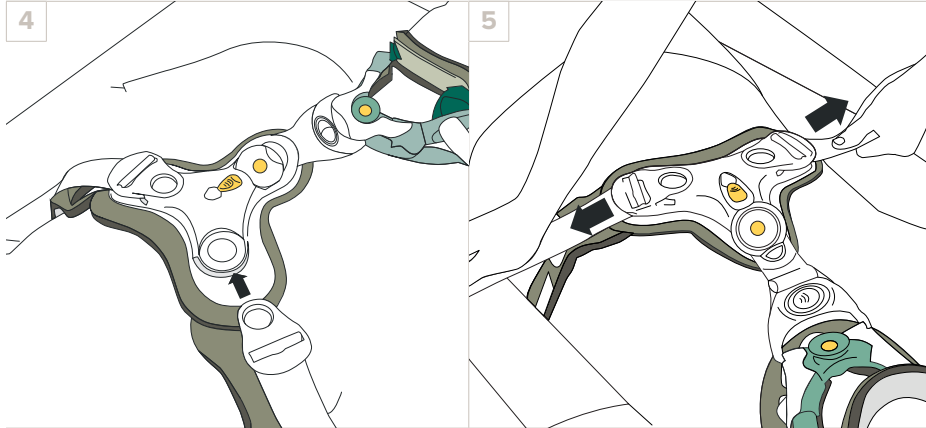
Position the sides of the collar up and over the trapezius muscles. It is OK if the chin piece is not touching the chin.



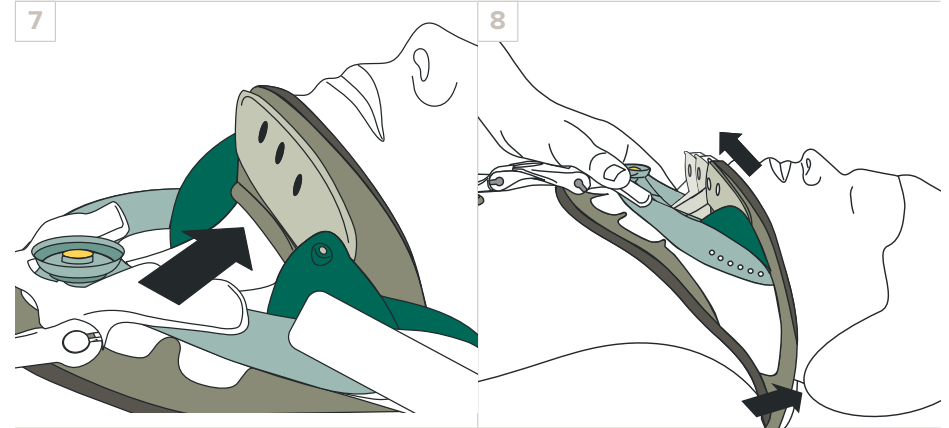
Position the Vista MultiPost Collar as instructed by your physician to obtain the best fit.



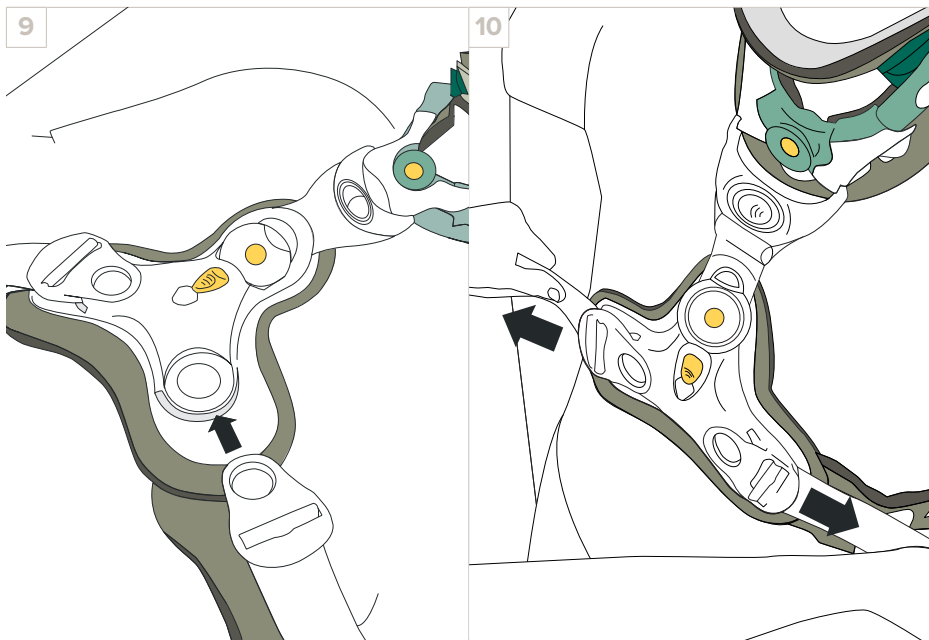
Tighten both collar straps.



Attach the back panel clips to the sides of the vest. Pull the straps evenly until the back panel is tightened. Adjust the strap padding for comfort.



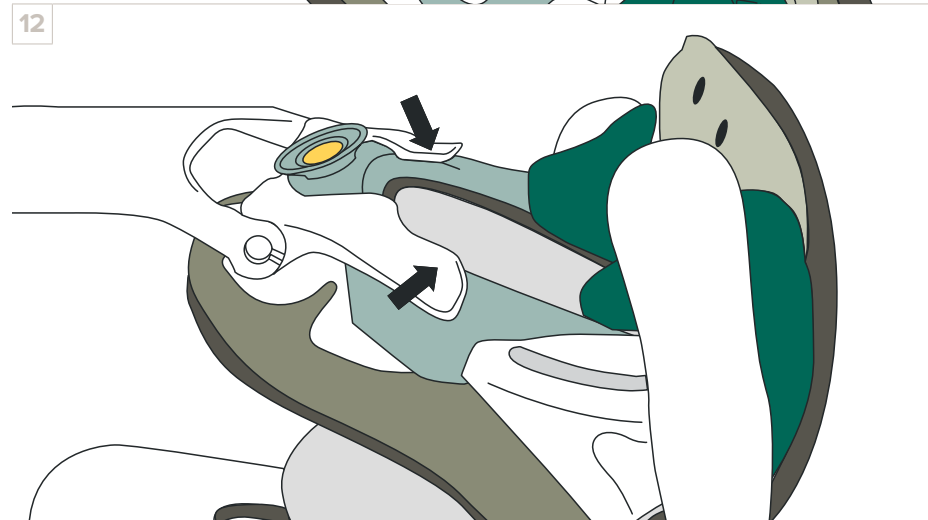
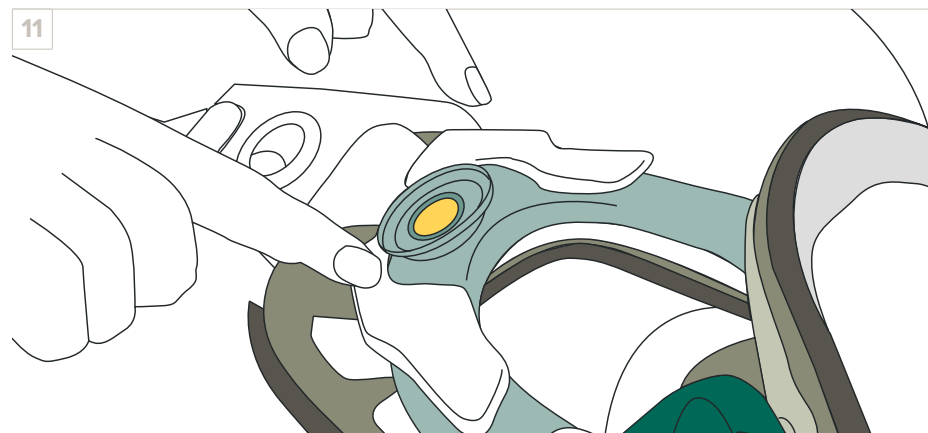
Check to see that the back of the chin piece is not pressing inward on the throat. If it is, lift the back ends of the side panels up and off the trapezius muscles.



Check again to ensure the lumbar pad straps are comfortable and secure.

Adding/Removing the Anterior Strut

NOTE: Your healthcare provider may instruct you to remove the anterior strut depending on your progression of care.

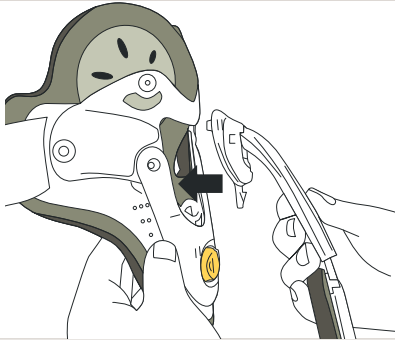


Using your index fingers, align the tabs of the anterior clip located on the Vista CTO Anterior strut with the slots of the front of the Vista Collar and ensure that they snap into place. To remove, simply push the tabs in on each end of the clip and pull away from the collar.

Adding/Removing of Posterior Strut

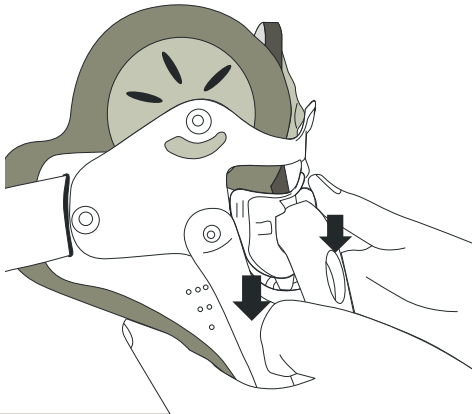
NOTE: Your healthcare provider may instruct you to remove the posterior strut while supine in bed.

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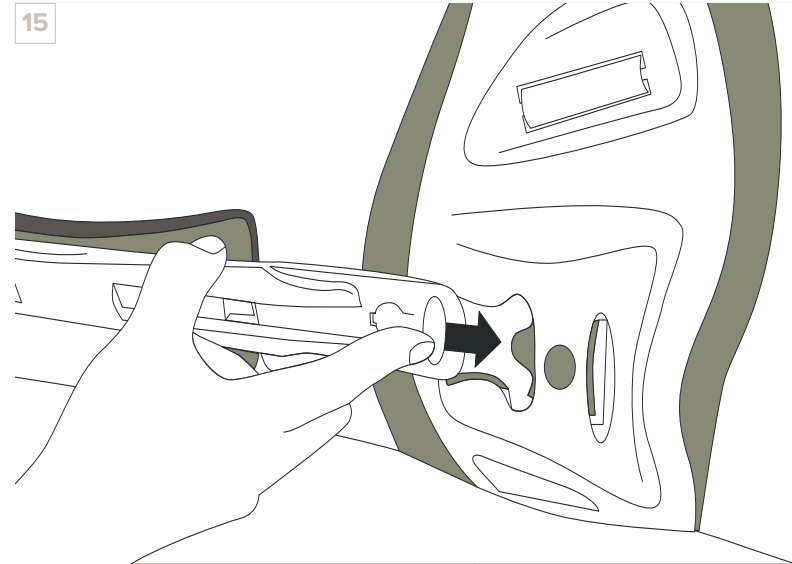
Align the three connection posts with the three openings in the Vista MultiPost back panel and push into position.

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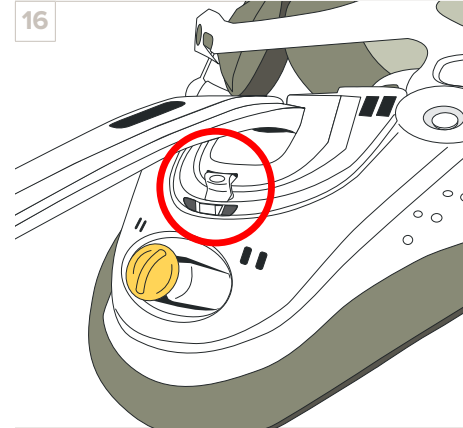
Push down causing strut support to lock into place. Ensure that all three connectors are engaged.

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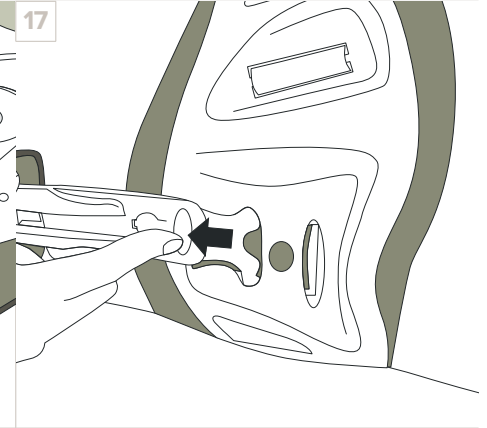


Slide the posterior strut into slot on lumbar belt posterior panel until it snaps into place.

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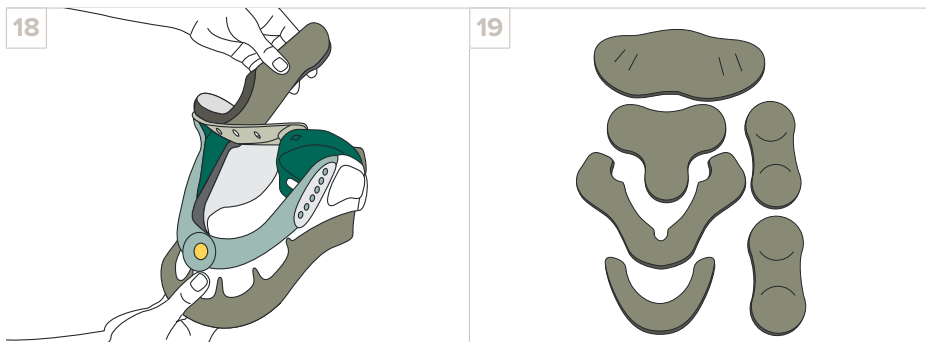


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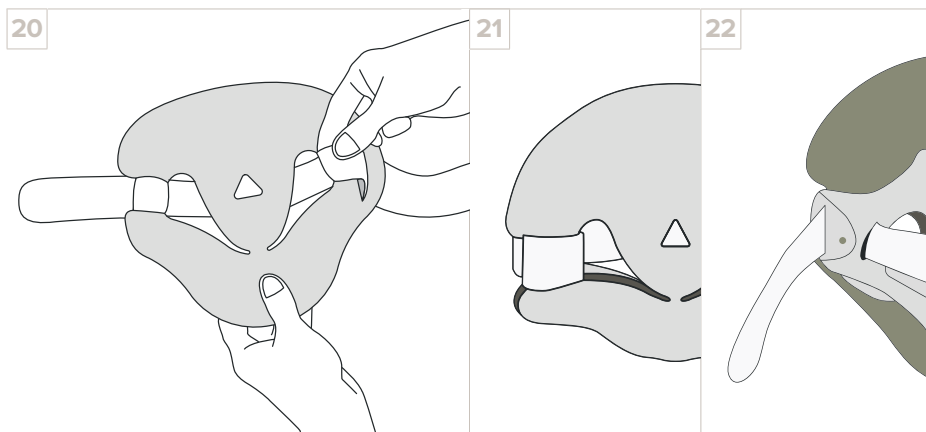


To remove, press the button on the bottom of the posterior connection point on both the collar and the lumbar pad and slide up.

Washing Instructions - Pad Removal

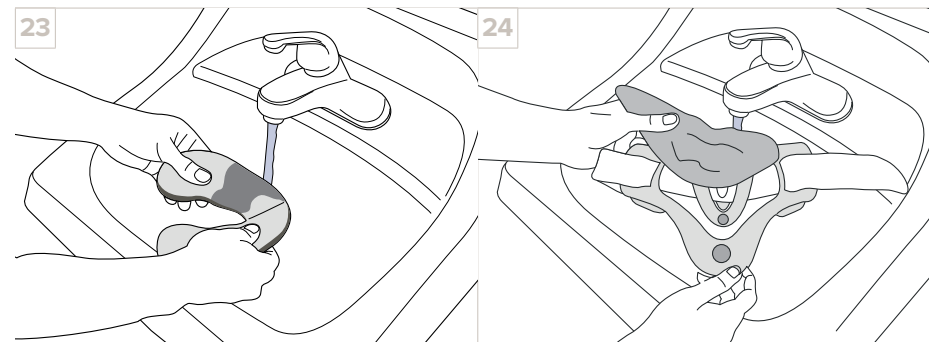


To remove the pads, simply peel the pads away from the hook dots that attach them to the plastic.



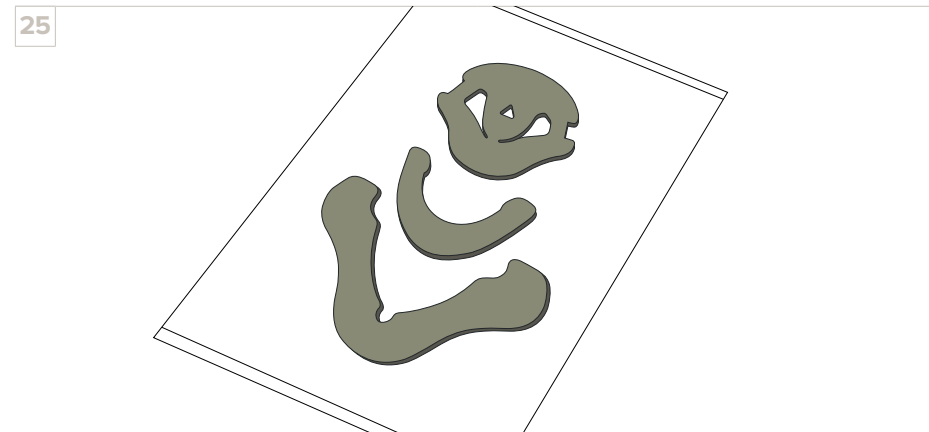
For some of the pads, you must first unthread the straps on each side. To do this, push the straps through the slits in the pad and then through the slots in the outer edge of the plastic. This applies to the collar and lumbar region.

Pad Washing



Hand wash the pads with mild soap and warm water. Do not machine wash or use bleach. Rinse thoroughly. The plastic shell may be wiped with mild soap and water. Rinse and towel dry before re-attaching pads.

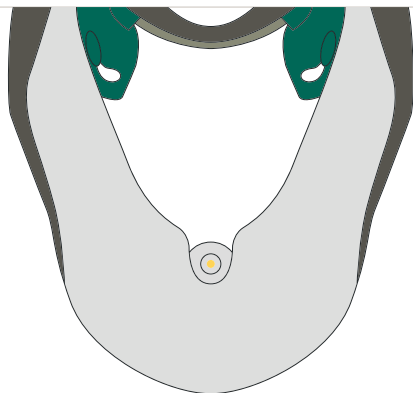
Pad Drying



Squeeze out excess water by pressing pads with a towel. Allow to completely air dry by laying on a towel. Do not use heat to dry. Use replacement pads during drying time.

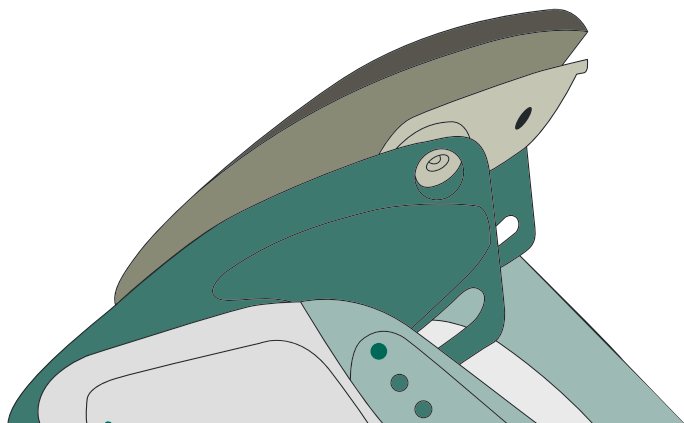
Pad Replacement

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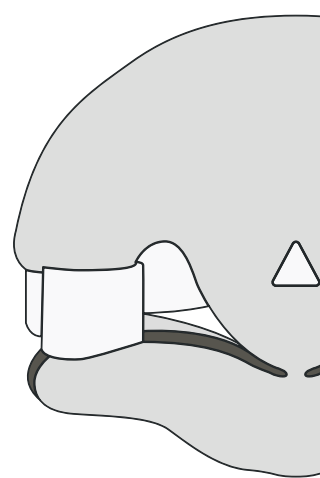
All pads are intended to have the green side facing the plastic and the white side facing the patient. To reattach the pads to the brace, properly align the green side of the pads with the corresponding hook dots.

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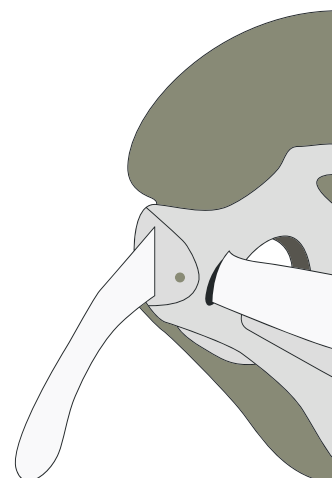


For the upper pad on the collar, ensure that the top piece covers the front and rear edges of the plastic components.

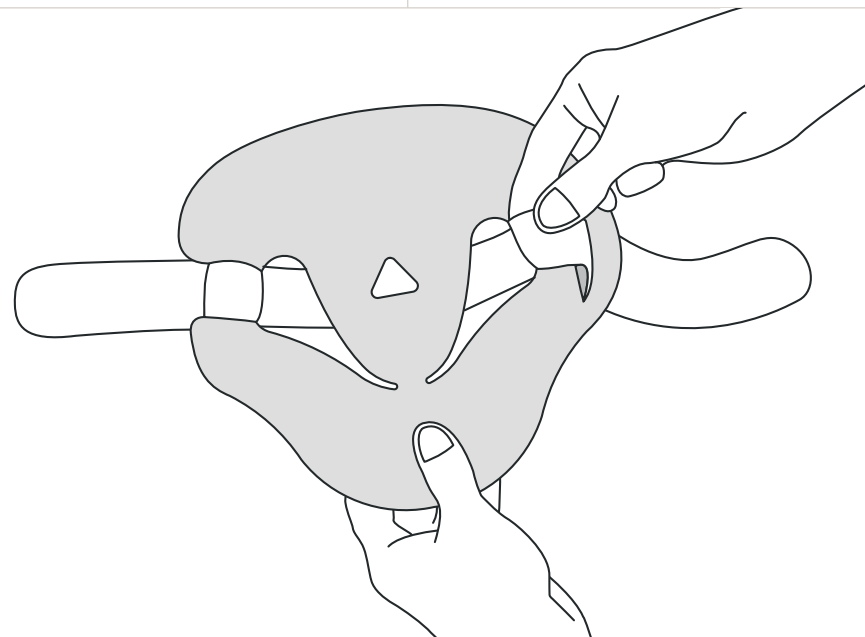
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To replace the back pad, begin by attaching the green side of the pad to the hook dots on the back panel. Once the padding is aligned with the plastic, the straps will need to be re-threaded through the padding and plastic slots.

Patient Notes

FOLLOW YOUR PHYSICIAN'S INSTRUCTIONS.

WEAR THE BRACE:

HOURS	TIMES
PER	PER
DAY	DAY

Additional Instructions:

One Year Limited Warranty

Aspen Medical Products, LLC, Irvine, CA 92618, warrants to the user who originally purchases this product that it is free from defects in material and workmanship for one year. The sole obligation of Aspen Medical Products, LLC in the event of breach of warranty shall be to repair or replace the defective product or part(s).

Aspen Medical Products, LLC shall have no obligation under this limited warranty in the event:

- (a) The product was not purchased from Aspen Medical Products, LLC or through its authorized channels of distribution;
- (b) The product is altered;
- (c) Any parts not supplied by Aspen Medical Products, LLC are inserted into the product; or
- (d) The product is not used in accordance with the Aspen Medical Products, LLC Instructions for Use.

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